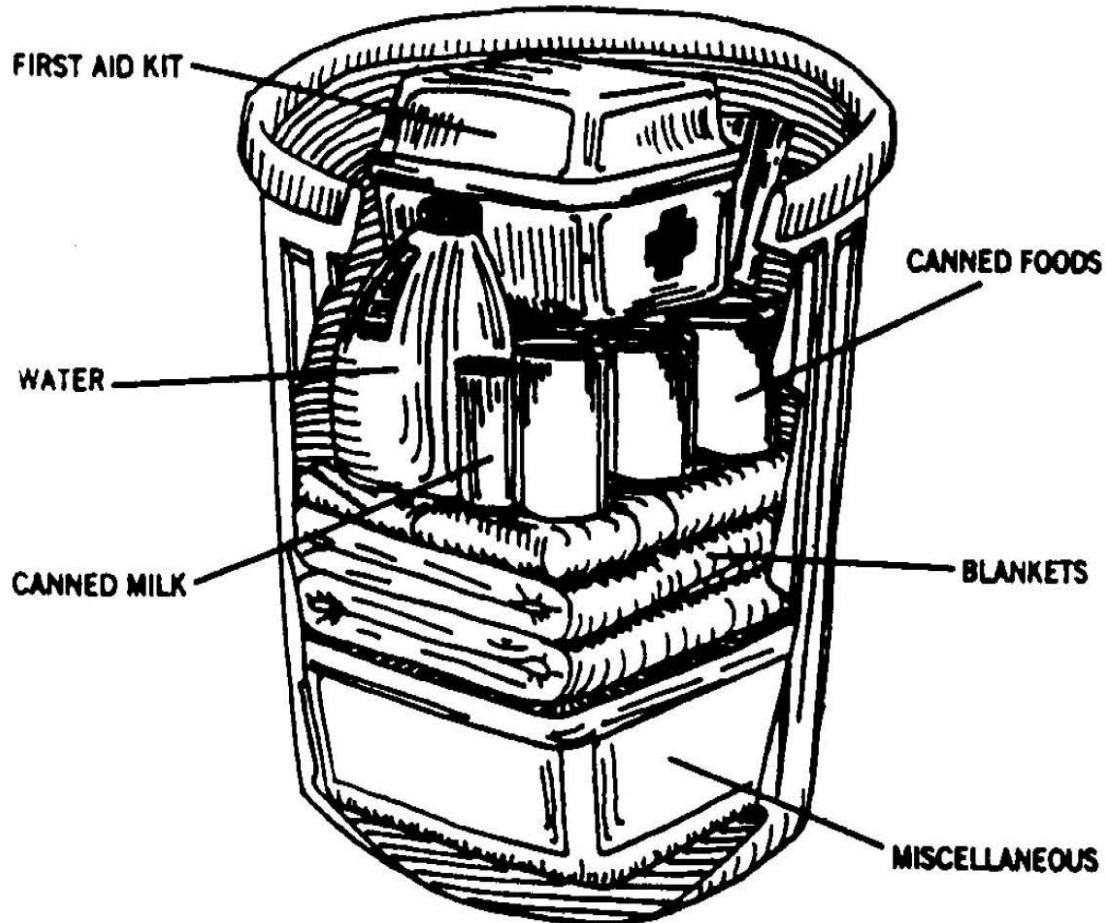




## 72 HOUR KIT FOR YOUR HOME

*It's never too early to prepare!* Disasters seldom give warning and are often devastating to their victims.

*Prepare yourself for a minimum of 3 days.* Due to overwhelming need or no road access, emergency services may not be available for up to 72 hours after a major disaster.



### **Storing Emergency Supplies**

- **Choose a location**, such as a closet or "safety corner" in the garage, where it is cool and dark. If you live in an apartment or have limited space, be innovative. Other possible storage locations include under the bed, under stairways, or even in a large box or plastic tub that can be covered with a tablecloth and used as an end table.
- **Layer supplies** as shown, and keep them together in a container such as a plastic garbage can with wheels. Check every 6 months for food expiration dates, children's clothing sizes, etc.
- **Start with what you already have.** If you're a camper or backpacker, you've got a head start. Your tent, cook stove, and other gear can double as emergency supplies.

## Family Emergency Survival Kit

An emergency survival kit contains all the basic items you and your family need to remain comfortable for at least 72 hours. Keep your kit in an easy to carry bag and check the contents twice each year to ensure the freshness of your food and water.

It is important to customize your kit to meet the needs of your family.

If you or someone in your household has a disability or special need, check out the Emergency Preparedness Guide for People with Disabilities/Special Needs at

[www.ontario.ca/beprepared](http://www.ontario.ca/beprepared) for additional information on what to include in your emergency survival kit and family plan.



## Prepare Now, Emergency Survival Checklist\* Learn How...

- Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries (for radio or flashlight)
- First-aid Kit
- Candles and matches/lighter
- Extra car keys and cash
- Important papers (identification)
- Food and bottled water
- Clothing and footwear
- Blankets or sleeping bags
- Toilet paper and other personal items
- Medication
- Backpack/duffel bag (to hold all of the emergency survival kit items)
- Whistle (to attract attention, if needed)
- Playing cards

\*Three-day supply per person

## Family Emergency Plan

Develop a family emergency plan and discuss emergency situations ahead of time to reduce fear and anxiety. Review your plan each year and practice going to your meeting places.

### Meeting Places

Identify two meeting places in case you need to leave your home or cannot return home

- Right outside your home
- Outside of your neighbourhood

Know the exact location of both meeting places To develop your own Emergency Preparedness Action Plan visit [www.ontario.ca/beprepared](http://www.ontario.ca/beprepared)

Ask an out-of-town relative or friend to be your family contact.

Your contact should live outside of your area and everyone in your family should know the contact's name, address and phone number. Family members should call in an emergency the contact and tell him or her where they are.

### Evacuation & Shelter-in-Place

An evacuation may be ordered when there is a significant threat to a specific area.

Other times, it may be safer to remain inside (shelter-in-place).

These orders are typically broadcast through the media.

**Evacuation** - Evacuate only when ordered by emergency officials and if safety permits, take your pets, take your family emergency survival kit and head to your family meeting place or to a reception centre

**Shelter-in-Place** - Close and lock all windows and exterior doors Turn off all fans, heating and air-conditioning systems to avoid drawing air in from the outside