



PRESS RELEASE

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NSHN Celebrates March for Meals with Communities Across Ontario

Blind River, ON - The North Shore Health Network (NSHN) Community Support Services is pleased to participate in the 22nd annual #MarchforMeals – a month-long campaign celebration to increase awareness and community engagement with local Meals on Wheels providers across Ontario.

“This March we join in recognizing the dedication of volunteers in our community who tirelessly deliver meals, helping to address food insecurity and social isolation, enabling so many to remain healthy and independent at home.” Said Tim Vine, NSHN CEO.

The March for Meals campaign kicks off today with the assistance of Blind River Mayor Sally Hagman. NSHN will also join other Meals on Wheels Programs across Ontario during March for Meals Community Champions Week, from March 18 to 22, to raise awareness about the power of Meals on Wheels.

“Thank you to all 2024 Community Champions for stepping up to promote the importance of this program and to the dedicated volunteers who are vital in keeping the Meals on Wheels program running year-round” said Vine.

Meals on Wheels is a service that is entirely dependent on local volunteer delivery three days a week to promote wellness and independence and to improve the nutritional status of individuals in our community. In 2023, 12 volunteers delivered a total of 2,929 meals throughout the Blind River community.

If you are interested in learning more about becoming a Meals on Wheels volunteer or other volunteer opportunities offered through the NSHN Community Support Services – visit our website: www.nshn.care/volunteer

Want to learn more about the Meals on Wheels program? Contact Maiya Hallett, Community Support Services Manager, at 705-356-2265 ext. 2455.

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